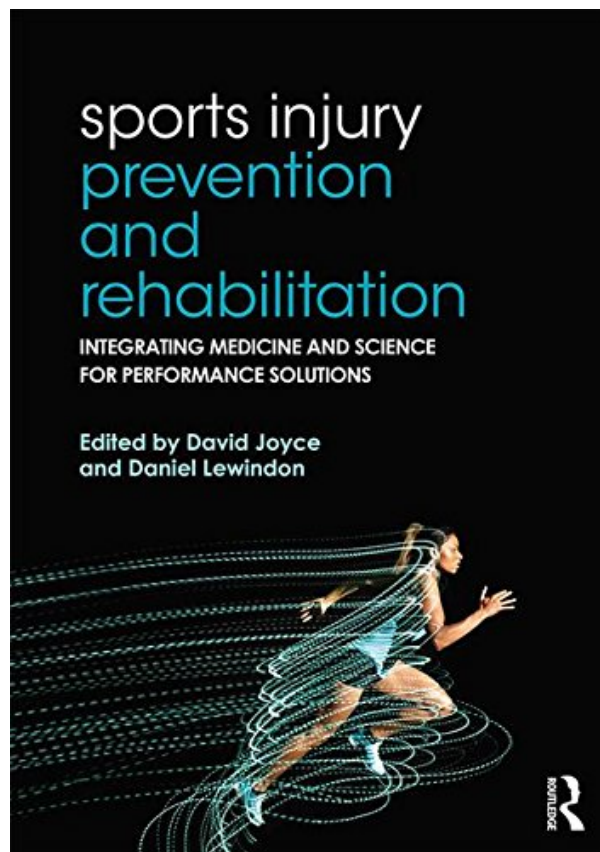
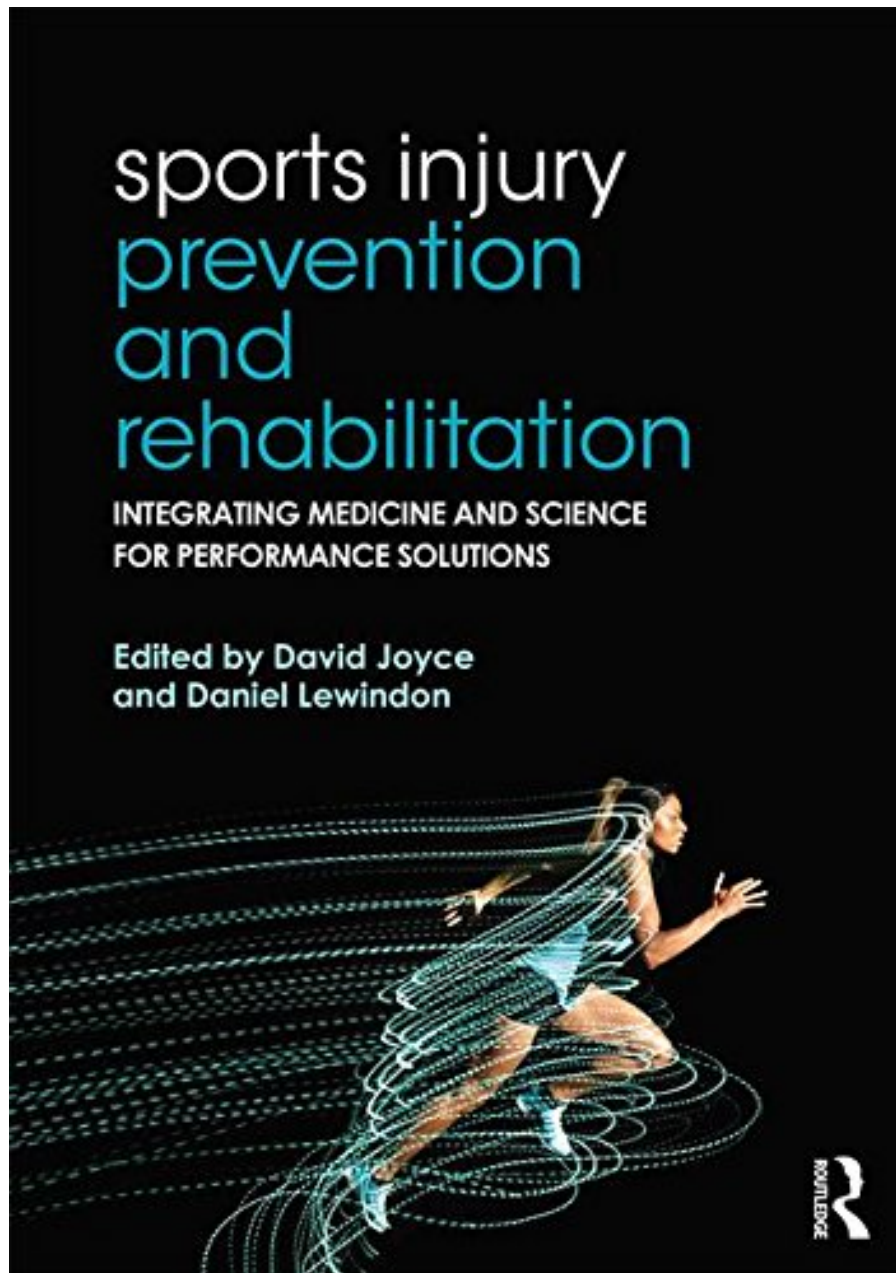


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"This book's editors have worked in a physiotherapy and coaching capacity for various high-level sports teams, including rugby and football... Divided into six parts, the book offers a series of expert masterclasses reviewing current best practice in the sports injury prevention and rehabilitation field... It is one of the most up-to-date texts available."? Helen Oakes, Chartered Society of Physiotherapy

"A genuine new approach to the prevention and management of sports injuries that combines evidence based medicine with the practicalities of the day to day necessities of dealing with the ever expanding and exciting new field of practice that is Sports and Exercise Medicine. Highly recommended to all SEM practitioners from whatever profession."? Dr Kirill Micallef Stafrace, Vice President, European Federation of Sports Medicine Associations

About the Author

David Joyce is an athletic performance and rehabilitation specialist who has worked at the highest levels of world sport. He holds Masters degrees in both sports physiotherapy and strength and conditioning and has worked at two Olympic Games as a physiotherapist and performance coach (with Team Great Britain at the 2008 Olympics in Beijing and with Team China at the 2012 Olympics in London). David is the co-editor and key contributor of High Performance Training for Sports and is currently the Head of Athletic Performance at the Greater Western Sydney Giants in the Australian Football League, and provides high performance and leadership consultancy services to elite organisations worldwide

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