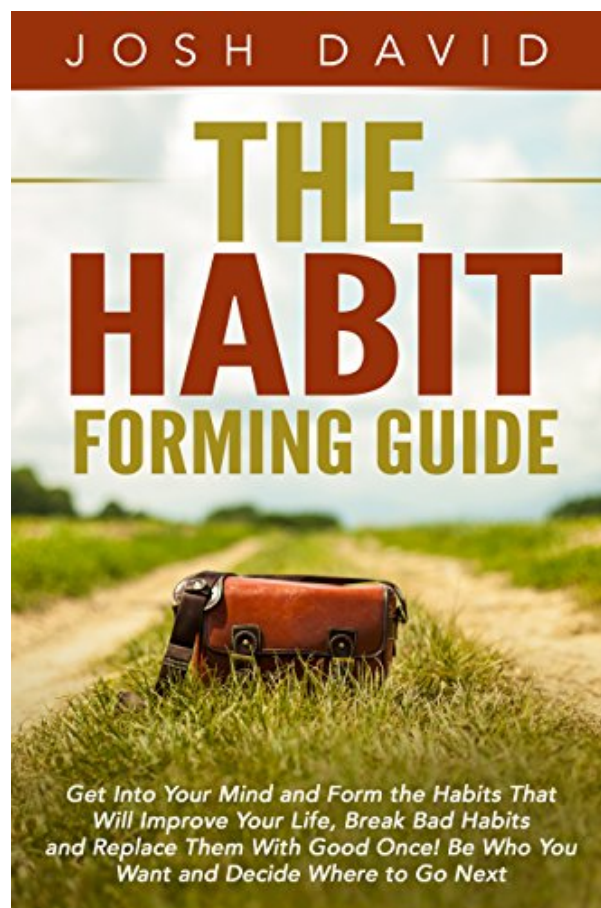


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By Maria

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I was really amazed. This is really a life changing book

By Claudia

Although I found this book by chance when I was just randomly checking online books, but when I read it, I was really amazed. This is really a life changing book. The author discussed the benefits of having good habits in detail. He explains how good habits can lead to stress-free life, make us more productive, stop procrastination, and get us success in every field of life. It provides information about changing bad habits to good habits, making life easy and successful. It is quite easy to understand and follow. Also, the guidelines provided in this book are easy to apply. After reading this book, I realized that there are many bad habits in me that needed to be changed to achieve success in life. The author also gives ways that can help us in adopting good habits. Overall, I highly recommend this book for everyone. Good piece of work and an excellent guide!

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By Drake Cole

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